

CHRISTIAN FOCUS

INTRODUCING THE AWARD-WINNING LUCY FLEURY LEVI



Throughout the year, the Directors at The Southern Counties Times select organisations that have best demonstrated a proven ability to go that extra mile in not only meeting but exceeding the needs of their clients. Therefore, in line with this philosophy, and in recognition of her continual commitment to provide clients with peerless service, it gives us pleasure to announce Lucy Fleury Levi has been selected to receive the BUSINESS ACHIEVEMENT AWARD FOR TREMENDOUS CONTRIBUTION TO THE MIND, BODY AND SOUL INDUSTRY.

Through her convenient phone counselling service Lucy helps begin their journey of wellbeing, encourages them to start believing their dreams and release spiritual potential through positive energy of universal love. Lucy has proved worthy of our BA Award as she gave counselling sessions for free at the beginning of her career, providing a friendly, generous and genuine service whilst supporting herself financially with other employment before deciding to commit herself to helping others full time. Upon receiving our award Lucy said: My aim is not to get a reward but to give my best to my fellow humans. However, I am really delighted. Many thanks!

Receiving the BA AWARD FOR TREMENDOUS CONTRIBUTION TO THE MIND, BODY AND SOUL INDUSTRY serves as a distinguishing factor that ranks Lucy amongst the best in her field, as well as acting as a seal of approval to prospective clients. So what does the future hold for our award winning spiritual healer?

My intention is to carry on studying, researching about spirituality, counselling, inner healing, nutrition, herbalism, beauty, anti-ageing, weight, image problems, etc. to keep on improving my services. My dream is to make films to bring awareness about humanitarian and spiritual issues and share the financial product with some humanitarian causes.

TIPS FOR A HAPPY, SUCCESSFUL CHRISTMAS

Christmas like inner Healing, is all about universal love! Your real « love » family are the people who truly love you and build you up, even if non biological. To reach out to your full potential in positive energy, you must first let go of negative patterns. Spiritual realities include a natural cycle of death and rebirth.

We are currently at a cross road where we know we cannot go back to old traditions but we cannot live in a chaos allowing problems destroy our bright spirit. We need a « rebirth ».



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SPORTING FOCUS

TACKLING THE HISTORY OF THE GAME

100 years of Twickenham Stadium

Twickenham World Rugby Museum and Stadium Tour is a must for every rugby fan up and down the country. With over 10,000 items showcasing the development of the game globally, there's no better way to spend the day.

this great venue and the tour will give you the opportunity to see the England dressing room and experience the sight of Twickenham at pitch level. You'll also get to sit in the Royal Box and see some of the magnificent behind the scenes hospitality suites.

One of the highlights is the behind the scenes stadium tour. Twickenham's capacity is 82,000 and is the biggest dedicated Rugby stadium in the world.

The tour lasts for about 1 ¼ hours and then gives you the chance to explore the museum and The Rugby Store. At £14 for adults, £8 for children and a family ticket available for two adults and up to three children priced at just £40, it's a great day out for all the family.

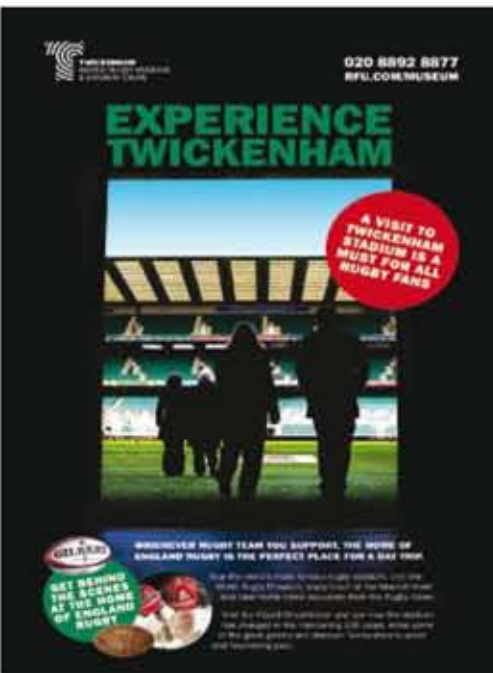
The likes of Jonny Wilkinson, David Campese and the great Zinzan Brooke have all graced

Once the day is out you don't need to look far for a bit of R&R. As part of the South Stand redevelopment, Twickenham has a 4* Marriott Hotel built in. A drink or meal in the Side Step Bar or Café Lounge could be the perfect way to finish your day.

Twickenham Stadium's 2009/2010 season sees the Rugby Football Union celebrate the stadium's 100th season with a number of special events and activities.

The stadium's first rugby match took place on October 2nd 1909 between first tenants Harlequins and Richmond. January 15th 1910 saw Twickenham's first international, England vs Wales. The 2010 RBS 6 Nations will see England face Wales on February 6th to commemorate this.

For further information on the stadium tours or about the RFU please visit www.rfu.com



working together at giving birth to a new spiritual family with more love and wisdom than the biological one can sometimes provide! Whether believing in God, Universe or atheists, we all need to redefine this higher good our civilization must evolve to, if we want our planet to survive!

So this Christmas, take a breath of fresh air: Take a break with my SPIRITUAL CONFERENCE IN FRANCE FROM 21 DECEMBER 09 TO 28 DECEMBER 09

Bed and Breakfast in the countryside. Healing and relaxing activities, tourism, horse riding, swimming, Christmas buffets, etc. Book early. Themes I will develop LISTENING TO THE INNER VOICE OF UNIVERSAL LOVE And WHAT IS FORGIVENESS? Taylor made short breaks will also be available during the year.

Whatever makes you truly smile with all of your heart, whatever makes you a truer better person, allowing you to share true joy and harmony, within genuine universal love, this is the right Christmas atmosphere! But if you cannot come, you know you can always book a holistic counselling session on the phone with me or order a pen and ink portrait from your photo with spiritual encouragement, a print of the vision of Jesus, or my "Little book of miracle!".

Enjoy and BE WELL!
HAPPY CHRISTMAS!!!

To contact Lucy call 00332 37813801 and she will call you back on landlines only or email your phone number to lucy.fleury@bopenworld.com.



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MENS HEALTH – FINDING AN ALTERNATIVE

With chemists now charging around £20 per pill for Viagra, here at Midlands Focus we're bringing you a viable alternative.

Visit www.pillsure.co.uk or email psuresales@hotmail.co.uk for further information.

Pillsure is an exact copy of a branded product such as Viagra, Kamagra as it's known, is available at a huge reduction. There have been many recent news reports on TV, radio and in newspapers concerning generics. Just because they're cheaper doesn't mean that generics are less effective.

In some cases, customers who have used Pillsure tell the makers that generics work better than Viagra because they contain more active ingredient. Just try Kamagra pills, we think you'll love them!

David Elsom from Pillsure said: "Our customers say they are more effective than Viagra with no side effects and they last up to eight hours. We urge you to try one of our generic versions such as Kamagra, if you do, you'll make massive savings. For example, instead of paying £20 per pill for Viagra, you'll pay from just £1.90 per pill for Kamagra."

If you're sitting on the proverbial fence and not sure about a generic, just try the free sample first ... You have absolutely nothing to lose. Customer testimonials are always available to back up just how effective they are. However, please don't take our word for it, try a free sample of Kamagra or any of our generics and judge for yourself - if it doesn't work, return for full refund including your postage - what do you have to lose?

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